

Sr.No.2582

Exam.Code: 220501

Subject Code : 8252

Master of Vocation (Mental Health Counseling) - 1st Sem.

(Batch 2021-23)

(2221)

Paper: Paper-II Theories and Techniques of Counselling

Time Allowed: 3hrs.

Max. Marks: 100

Note: Attempt FIVE questions in all selecting atleast one question from each section. All questions carry equal marks.

Section A

1. Describe techniques and applications of Psychoanalytical Psychotherapy with special reference to Dream Analysis and Transference.
2. Discuss Technique and Procedure of Psychotherapy used by following psychologists:
 - a.) Adler
 - b.) Erikson

Section B

3. Show your familiarity with techniques and procedures of Roger's Person Centered Psychotherapy.
4. Put a detailed account of therapeutic process and procedures of Maslow's therapy related to Self actualization.

Section C

5. Describe therapeutic process of major techniques of behavior therapy.
6. Write a detailed note on therapeutic process and techniques of Beck's Cognitive Therapy.

Section D

7. Discuss therapeutic process and procedures of Gestalt Therapy.
8. Show your acquaintance with procedures and applications of Logotherapy.

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